God bless your home and all who dwell in it.

We've woken up to a day full of promise and bright sunshine only to realise that we can no longer do all those things we take for granted and enjoy. We can't see family and friends, pop out shopping, visit gardens and garden centres. And underlying our new day is the fear of losing those we love to a silent and insidious virus and maybe the question — where is God in all this? But my day also began with an email message from Don and Ro, who, as they prayed this morning, found themselves inspired to share the words below. I found them very comforting and I am sure that God means them to be shared among us to give us confidence and hope.

"On Christ the solid rock we stand all other ground is sinking sand.

God's love that St Paul mentioned yesterday in your word, is our anchor in the rock through all the storm.

If we are in the harbour still holding on and tied up with fear, the best way is to know Jesus is on board and we can let go of all the fears that hold us and can TRUST Him 100% to carry us through the storm and know His peace deep inside. He will take care of all the fears that were holding us roped up.

Sent with love and prayers for all God's people. Don & Ro X ..."

And what better prayer than

Father I place into Your hands
The things I cannot do
Father I place into Your hands
The things that I've been through
Father I place into Your hands
The way that I should go
For I know I always can trust You

Father I place into Your hands My friends and family Father I place into Your hands The things that trouble me Father I place into Your hands The person I would be For I know I always can trust You

God bless you and all those you love and pray for, this day and always.