God bless your home and all who dwell in it

23rd Psalm

The LORD is my shepherd; I shall not want.

- 2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.
- 3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.
- 4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.
- 5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.
- 6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

Written by the Biblical King David this psalm is one of the most familiar of all Bible readings. In it he takes us on a journey that he has shared with God. A journey that has led him through wonderful times when he has felt at peace and tough times when he feared for his life. On every step of the journey, whatever happened, he was confident that God was there beside him and would be for ever.

Today join David and God in their journey. As you read the psalm allow your mind to consider the journey you have taken. Look back over the times when, although you may not have felt it, God was with you, inspiring friends, neighbours, strangers, to say the words you needed to hear or show the love you needed to receive.

Think of the times you have been inspired to help, encourage or support another.

In these days of confinement and anxiety listen and allow God to reassure you of his love.

And in the peace that ensues ask yourself if God is prompting you to call, email or text someone who may be needing a word of friendship, comfort and cheer.

Loving God, in all the changes and chances of our lives, all the many uncertainties we face, we thank you that you are a God we can depend on, always good always loving always merciful and always faithful God of love, for the knowledge that you are always with you We thank you. Amen

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